VALUED & Serenity VOLUNTEER

ISSUE 4 VOLUME 1

APRIL 2025

As the vibrant colors of spring blossom around us, I am thrilled to welcome you to this quarterly edition of our Valued Volunteer Newsletter. This season is not only a time of renewal and growth but also an opportunity to reflect on the incredible impact each of you has in our community.

Your unwavering dedication and compassion continue to be the cornerstone of our hospice care, providing comfort and support to those in need. Every interaction, whether big or small, helps to create a nurturing environment for our patients and their families during some of the most challenging times of their lives.

In this issue, you will find inspiring stories from fellow volunteers, updates on upcoming events, and new training opportunities designed to further enhance your skills and experience.

Thank you for your kindness, generosity, and commitment. Together, we are making a significant difference in the lives of so many. I look forward to continuing this incredible journey with all of you.

Stephanie Wheeler

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The original Krafty Angel group was established over 25 years ago to create a keepsake for the Angel Ball. Throughout the year, they convened to create ornaments for sale at the event. Initially, all ornaments were the same, but gradually, they evolved into unique, one-of-a-kind pieces.

When Pam retired in 2010, she sought out volunteer opportunities. She learned about this group from Julie Hardesty, who was leading it at the time. After hearing about their mission, Pam decided to join. She found fulfillment in contributing to the creation of beautiful ornaments. Soon, she shared the group's efforts to support Serenity with her friends, all of whom had personal connections to Serenity Hospice, having received care for their loved ones over the years. They were eager to give back in appreciation for the exceptional care provided to their families.

Together, they began crafting angel ornaments, infusing each piece with their creativity. After several years, they shifted focus from making ornaments to pursuing other projects for Serenity. Collaborating with the activity director, the Krafty Angels identified special initiatives that had not been addressed by other volunteers. The group typically met over lunch to plan these projects, with each member purchasing supplies and setting a date for execution.

The Krafty Angels are composed of mothers, grandmothers, and great-grandmothers. Over the years, they have built deep friendships, although they have also grieved the loss of two beloved members, Sandy Noser and Julie Hardesty, both remarkable volunteers.

Pam believes that volunteering on these special projects and sharing experiences with this close-knit group has allowed her to express her gratitude for all that Serenity Hospice has done for them. She takes immense pride in being part of such a remarkable team that she can always rely on.

Pam's experience with Serenity Hospice and Home has shown her that there is always a project available for volunteering, and it is incredibly rewarding.

Here is a list of some of the past and current projects they have undertaken:

- Filling Easter eggs
- Creating activity bags for young children visiting loved ones in Serenity Home
- Assembling feminine bags and supplies for women veterans during Veterans Stand Down Day
- Filling candy containers as a thank-you gesture for nursing staff at nursing homes during Christmas
- Decorating the tree in the family room at Serenity in September
- Purchasing candy for the float for Autumn on Parade
- Crafting angel ball ornaments

WHAT'S BEEN HAPPENING





The first quarter of the year always seems to fly by. With the holidays behind us, it's time for volunteer renewals for 2025. A heartfelt thank you to everyone who has submitted their commitment forms! We have held monthly educational sessions on emergency preparedness, infection control, and the We Honor Veterans program. Our Krafty Angels gathered to create activity bags for children aged 3 to 8. We have also started planning decorations for the Garden Luncheon, and volunteers eagerly contributed to bringing the vision to life. By the end of April, seven volunteers completed the training class. Our incredible volunteers dedicated countless hours to visiting patients, providing administrative support, and ensuring everything runs smoothly at Angel Treasures. They also kept Serenity Home looking fantastic while Carmen was on vacation, and our cookie bakers ensured there was no shortage of treats. Additionally, gatherers collaborated to create gifts for patients. We are immensely grateful for the dedication and enthusiasm each volunteer brings to our community.

As always, our mission to support and uplift our community is at the core of everything we do. We eagerly anticipate continuing this journey together, making a positive impact, and creating lasting memories. Thank you all for your unwavering support and commitment.





Mariah Cover



My name is Mariah, and I serve the community as a registered nurse taking care of our sweet patients. During my free time, I'm a busy mama of three with a 4year-old, a 2-year-old, and a 5-month-old. My family is my entire life, so I center my world around them. When I'm not working, we're outside running in the fields, playing with our two mastiffs, or doing outdoor activities to fill the time. During my personal time, I enjoy reading, napping, and meditating/obtaining wellness. To say I am blessed in this life is an understatement.

MEET OUR STAFF

Alexis



Hi, my name is Alexis Lowe and I am the new social worker. I graduated from Aurora University and have been in social work for about three years. I'm a mom to three little girls and love being outside with them when I'm not working. I'm so excited to start my journey at Serenity and get to know everyone!





Sydney Neuschwanger

Hello! I'm Sydney Neuschwanger, and a little bit about me is that I love being a CNA, and I've been one for about 7 years now! My husband and I have 4 kids altogether! I love spending time with my family! I recently had twin girls who are 10 months old now! Our family loves to be outside! Whether that means just having a picnic or hiking and fishing, we love the summertime! I'm so happy to have joined the Serenity family!





Jen Mattingly

Hi, I am Jenn M - the new evening admissions nurse. I was honored to join the Serenity Hospice and Home team in early February. I've worked in healthcare for over 30 years, starting at the age of 18 in the United States Army as an occupational therapy specialist. I did work in long-term care as a COTA when I came off active duty, then following the start of PPS moved into administrative roles in healthcare. I graduated from nursing school in 2012. I've been married for 20 years to Davy, an Air Force veteran and I have two darling sons Blake age 19 and Austin age 29. My older son is serving in the US Space Force and my youngest plans to enlist within the next year. Most may have noticed that I LOVE plants, 'culinary adventures' and all things UK/Scottish. In my free time, I enjoy hanging out on the river with family and friends, gardening and/or playing with my houseplants, and fishing, hunting and shooting.

VOLUNTEERS NEEDED •

GATHERER CRAFT GROUP

Mark Your Calendars!!! We are rescheduling our Gatherer Craft Group to Thursday, April 4th, at 11:30 due to a scheduling conflict. Please adjust your calendars accordingly and let us know if you can still attend on the new date. We will focus on preparations for the Garden Luncheon. Don't forget to stay for lunch afterward. We can't wait to see you there!

ART DASH

The Art Dash is scheduled for Wednesday, April 9th. If you're interested in attending, there are still spectator tickets for sale.
Come and cheer as dashers compete for their favorite artwork while supporting Serenity Hospice and Home!

KNITTER AND CROCHET GROUP

Join fellow knitters and crocheters as they come together to create special gifts for the patients of Serenity Hospice and Home. This will takes place at 10 AM on Friday, April 11th, at the Serenity Shed.

VETERAN CAFE

Our Welcome Home Vietnam Veteran Cafe will be held on Tuesday April 1st at 10 am at the Rock River Center. We invite everyone to join us in honoring and celebrating the brave men and women who served during the Vietnam War. This event is a wonderful opportunity to express our gratitude and support for their sacrifices.

VOLUNTEERS NEEDED²

BOOK CLUB

CHANGE OF DATE FOR THE BOOK CLUB!!!!

Join the Serenity Book Club at The Village Bakery on Thursday, April 24th, at 8:30 AM. We will be discussing "The Spectacular" by Fiona Davis. We are thrilled to explore this captivating story and exchange our thoughts over coffee and pastries. Whether you've finished the book or simply want to learn more, everyone is welcome to participate in the conversation. It's a wonderful opportunity to connect with fellow book enthusiasts, make new friends, and engage in a spirited discussion. We look forward to seeing you there!

VOLUNTEER SUPPORT CHAT

Join us on Wednesday, April 30th, at 10:45 AM in the Serenity Conference Room for our monthly volunteer support chat. We invite all volunteers to gather, share their experiences, and explore new ideas for creating a positive impact in our community and for our patients .

ANNUAL VOLUNTEER TRAINING

It's not too late to secure your place at the annual volunteer training! Scheduled for Tuesday, April 29th at 9 AM, please remember to RSVP. This will complete you education for the 2025 year.

VOLUNTEER APPRECIATION DINNER

Check your mailbox! It's a luau invitation! Join us on Friday, April 25th, at 5 PM for our annual Volunteer Appreciation Dinner. We want to extend our sincere gratitude for all the time and effort you contribute to enhancing our community. This year's theme is "Luau," so don your favorite island attire and get ready for an evening filled with delicious food and exciting activities. It's our opportunity to thank you and celebrate the remarkable impact you've had. Remember to RSVP by April 15th. We're eager to celebrate with you!

VOLUNTEERS NEEDED³

CROCK-POT MEALS

We are delighted to offer a special touch of comfort through crockpot meals for the families of our patients. We are currently seeking volunteers who would like to provide a crockpot meal on the following Fridays in April:

- APRII 11TH
- APRIL 18TH

SERENITY HOME CLEANING

Our house mom, Carmen, will be away on vacation from April 6TH to April 13TH. We are seeking volunteers to assist with cleaning at Serenity Home on:

- SUNDAY APRIL 6[™]
- FRIDAY APRIL 11TH
- SATURDAY APRIL 12TH
- SUNDAY APRIL 13TH

FRONT DESK GREETER

Our Front Desk Greeters hold a vital role in welcoming visitors and patients at the Serenity Home. With their warm smiles and friendly gestures, they make sure everyone who walks through the door feels comfortable and appreciated. Their presence goes beyond mere functionality; they truly represent the caring essence of the Serenity Home.

If you are interested, please don't hesitate to get in touch!

- Sundays: 8:00 12:30 PM AND 12:30 PM 4:30 PM
- Thursdays: 4:30 PM 8:00 PM
- Saturdays: 8:00 AM 12:30 PM and 12:30 PM 4:30 PM

VOLUNTEERS NEEDED⁴

COOKIE BAKING

Cookies are a beloved treat among our patients, families, staff, and volunteers! If you have a passion for baking and already possess, or are willing to obtain, a food handler or manager certificate, we would be thrilled to welcome you to the Serenity Home to bake and share your favorite cookies.

Garden Luncheon

Our yearly Garden Luncheon is scheduled for Saturday, May 10th. If you're interested in volunteering for this event, please get in touch.
Tickets are still available for those who wish to attend. Additionally, we are looking for a 3D floral background; if you have one we could borrow, please let me know.

THE SERENITY SHED

Do you take pleasure in staining wood and furniture? The Serenity Shed is looking for skilled stainers who are willing to come by and assist in completing various projects.

Please reach out to Stephanie for more information.

ONLINE EDUCATION

This month's online educational offering is the WHV Webinar: Dementia Series Part 1, focusing on Veterans with Dementia at End of Life. You can view it here: https://www.youtube.com/watch?v=h9wleRIXMds. After you watch the webinar, please log the hours on your monthly timesheet and note the training's name in the comments.

My favorite time of year has arrived: Volunteer Appreciation Month! Not a single day goes by without celebrating the remarkable impact our volunteers at Serenity Hospice and Home create. As the organizer of our amazing volunteer team, I am often left in awe of your unwavering commitment to improving the lives of those we serve. You bring comfort, warmth, dignity, and joy to everyone you encounter. Your steadfast dedication and heartfelt generosity are truly inspiring. It is through your small acts of kindness, gentle encouragement, and consistent presence that our community discovers strength and solace. Each of you shines as a beacon of hope, illuminating the path for those who need it most. As we honor this month, I reflect on the countless stories of joy and gratitude shared by our patients and their families. These narratives serve as a powerful reminder of the profound impact you have, filling our hearts with immense pride and admiration. Thank you once more for your extraordinary service and for being the heart of our hospice community. We have organized various events and activities throughout the month to recognize and celebrate your hard work and dedication. From heartfelt thank-you notes to a special dinner and recognition ceremonies, we want each of you to know just how valued and appreciated you are. Additionally, we encourage you to share your own stories and experiences as a volunteer with us. Whether it's a moment that moved you or a lesson learned from a patient, your stories not only inspire others but also foster a deeper connection within our community. Keep in mind that your contributions extend far beyond the hours you dedicate; they create ripples that touch lives in ways you may never fully comprehend. It is a privilege to work alongside such compassionate and selfless individuals. Here's to you, our incredible volunteers, for making the world a brighter and more caring place. Let's continue to spread kindness and hope, not just this month but every day. With gratitude and admiration, we celebrate each and every one of you.

To our volunteers: We could not do what we do without you! Thank you so much! you all are so appreciated! Thanh you son time! Son Joy Joy for your time! The Tox your time! The Tox your time! The Tox your time! In the tops -Much Love - Val (community nurse!) Our Rowstar rolunteers! Thank you for We could not function Thanh you the time you as this amorning organization donate to our if it werent for you. I hope You feel seen & appreclated. bono trouba appreciate you all lon, con have their families! That you for your or more melinas. -Allie that has and he supports we are so blessed Thank you for ewrite: we are bussed! We have the most Amazing Volunteers! Bressing Survey of Survey you are all angels! Mariah, RN Connie A huge thank you Thank you for all you do help us you are all a to gatherer. Senetines I am overwhelmed withthings and it is a lifes over when they help! Gray Blissing What an amazing Fracy Thank you so much team. Thank you for the time you; goend with our patients for all you do and all you do for Serenity! Sheila We are so biESSED to de hydrig yn der a hyg dyfene nae et Lennis, Seventy Exected we we for our lives of the sevent of the s nave each of you! mank you I zi Thank year year of Mant your on (v/oute, ixxx) much for all you and do for Sevenity and our patients + families. You are all Amazing! counney

Thanks to our wonderful volunteers for everything you all do. We appreciate you of Love, carmen

Together we care deeply and your volunteer dedication inspires all of us to be our best. Mank you for your help and compassion.

Thank you to all the voluntures . ESP-Kob, for putting my admit charts together! -Sam

> we can't do what we do without you!

> Thank you for being part of our mission!

Dawn P.

Thankyouto or coolie

volunteers! last week I

Saw a small child/30

4) runing around w/ a cookie griming car 10

ear. His man looked on

this is a very hard time

all, something as simple

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emotional burden on

the porents. It made

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for families. Despite it

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Thank you for giving your time and Kelping our organization. maggel

We truly are Hessed with the VERY best in Volunteers. Thank you for All that you do to errich the lives of our patients. (7). M.

Short you for all you do! Volunteers are such speare people who give freely of their time and tolerto to help others Try Dod bless you! Love, finde

you are all angels In earth! I sincerely appriciate your willingness fogiving your time and talents to support the work of Sevenity Hospice and Horner your dedication alla generosity plays a

where ob begin to thank you all ? I have had the Privilege of working with some of you for nearly 20 years, and it never ceases to amage me how willing you are to help is nearly every capacity at Scrinity. Whether you sit with patients, bake cookies, answer Phones, Clean bothrooms or help at ome or more of our many functioners, it is inspiring and you! Rose

impact they have on tomilies. - Gabby Contral orde in the making Sevenity the wonderful organization we are Thankeyon does not say enough. God Bless you! Sincered

Joing the extra mile to make Art Dash hoppen. No mather what is going on, she is working on Art Dash. She is metallus down to the spelling of Artists' names in every print and has done so much behind the scenes to get quality art for the event. She doesn't forget a detail and has even managed to get several new artists involved w/ Serenity and own other events. She literally works on making this event successful, day and nigh, year road. Even beyond that she still signs up for day and nigh, year road. Even beyond that she still signs up for crockpot meals and donates things to the shed for new craft ideas.

Serenity and its mission are always on her mind. That Your — Gabby

Simply SAID... We could not DO this without you, your time, And your talents.

Mank you every me, For every thing! childy

Your Commitment to somety is appreciated! Mergaret

A million Thank you's to our Amazing volunteers! We truly be able to serenity and our patients! There really is a special possible inside everyone of our volunteers. Thank you All so much for dedicating your time hely is enrich our patients is staffs lives. It truly means the world and you are all so appreciated! & Jasmine, SH-CNA

Thunkyou for all that you one, we could not function without you. Everyone of you are special and very appreciated. There what esough words to express what you mean to us. Trankyou for your dedications of compitment to the yesterts / Stape & Hisa

It has been almost 10 years since Sandy Suslek walked through the Serenity Shed doors! Sandy has blessed us with her many talents painting and teaching classes to adults and children. Sandy is always looking for new ideas and loves the Shed as much as we do. She comes in to cover for us when we have to leave and is happy to give tours and tell anyone who walks through the doors all about the shed. Of all the things Sandy brings to us though the most important is her friendship.

-cathy warren



