

Serenity HOSPICE & HOME

Happy February,

With the hustle and bustle of the holiday season behind us, we at Serenity Hospice and Home are excited about what we can achieve in 2025. Fueled by renewed energy and a dedication to compassionate care, our team is focused on making a meaningful difference in the lives of our patients and their families.

As we progress, we are committed to maintaining transparency and open lines of communication. We encourage you to share your thoughts, feedback, and ideas, as we continually strive to improve and enhance our mission of providing outstanding care.

We appreciate your ongoing support and trust in Serenity Hospice and Home. Together, let's make 2025 a year filled with healing, hope, and heartwarming experiences. Thank you once again for being an essential part of our journey. Together, we can create a positive impact, one day at a time.

-Stephanie Wheeler

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Join us on Wednesday, February 5th, at 11 AM in the Serenity Conference Room for our monthly Gatherer Craft Group. Each month, our team of volunteers comes together to create crafts for patients, families, and staff at Serenity Hospice and Home. Whether you're an experienced crafter or eager to try something new, this is a fantastic opportunity to share your time and creativity for a meaningful cause. You'll not only make a real difference in someone's day, but you'll also enjoy the support and friendship of fellow volunteers. No prior experience is necessary; it's a delightful space to connect with fellow volunteers. A light lunch will be provided, so please RSVP! We hope to see you there!



# **BOOK CLUB**

Join our book club enthusiasts on Thursday, February 20th, at 8:30 AM at The Village Bakery. This month's selection is "The Last Bookshop in London" by Madeline Martin. Whether you've completed the book or are just getting started, everyone is invited to share their thoughts while savoring a warm cup of coffee and a delightful pastry. It's a fantastic chance to meet new friends and express your passion for literature in a cozy, inviting setting. We can't wait to see you there!



JOIN OUR COMMUNITY OF KNITTERS AND CROCHETERS AT THE SHED ON FRIDAY, FEBRUARY 14TH, AT 10 AM. WHETHER YOU'RE AN EXPERIENCED ARTISAN OR A BEGINNER, THERE'S A PLACE FOR YOU IN OUR WARM AND WELCOMING CIRCLE. BRING ALONG YOUR YARN, NEEDLES, OR HOOKS, AND FEEL FREE TO SHARE A FAVORITE SNACK.



The decorating of the Serenity tree is a fun tradition that brings joy to those who utilize the family living area. We are looking for volunteers who would like to decorate the tree during the following months:

#### <u>MAY</u> <u>AUGUST</u> DECEMBER

Volunteering to decorate the Serenity tree is a wonderful way to contribute to our community space, and it allows everyone to share their artistic talents and ideas. Whether you're a seasoned decorator or trying it for the first time, your efforts will be appreciated and admired by all. Join us in making the family living area a place of beauty and inspiration throughout the year! SERENITY HOME TREE

## **SERENITY HOME CLEANING**

Our wonderful house mom, Carmen, will be out of the office for a well-deserved vacation! While she is away, we are seeking volunteers to help maintain the Serenity Home's appearance. We need assistance on the following dates:

- Thursday, February 27 Friday, February 28 Saturday, March 1 Sunday, March 2
- Sunday, April 6 Monday, April 7 Tuesday, April 8 Wednesday, April 9 Thursday, April 10 Friday, April 11 Saturday, April 12 Sunday, April 13

If you have some spare time and would like to contribute, your support would be greatly appreciated! Tasks will include light cleaning, organizing common areas, and ensuring a welcoming and comfortable environment for everyone. If you're interested but lack experience, Carmen is more than happy to provide training!

WE HAVE TWO OPPORTUNITIES AVAILABLE FOR CROCKPOT MEALS AT SERENITY HOME DURING FEBRUARY. IF YOU CAN PROVIDE A MEAL FOR THE FAMILIES OF PATIENTS STAYING AT SERENITY HOME, YOUR CONTRIBUTION WOULD BE GREATLY APPRECIATED. THE OPENINGS ARE ON FRIDAY, FEBRUARY 14TH, AND FRIDAY, FEBRUARY 21ST.

Dementia impacts 1 in 10 patients, with over 16 million caregivers in the USA. This month's online educational focus is on Aggression and Anger in Dementia. It's essential for caregivers to grasp these emotions to offer compassionate and effective support.

Learn more here: https://www.alz.org/help-support/caregiving/stagesbehaviors/aggression-and-anger

## ONLINE EDUCATION

# **IN-SERVICE**

Join us on Wednesday, February 19th, at 10:45 AM in the Serenity Conference room for this month's volunteer education session! Come and learn about infection control. During these months when illnesses tend to rise, it's a valuable opportunity to revisit the dos and don'ts. We have an engaging program lined up that will not only deliver essential information but also provide practical tips and demonstrations on effectively preventing the spread of infections.



VETERANS, JOIN US FOR A SPECIAL VIETNAM VETERAN CAFE AT THE ROCK RIVER CENTER IN OREGON ON APRIL 1ST AT 10AM. ENJOY A MORNING FILLED WITH CAMARADERIE, SHARED STORIES, AND A WARM CUP OF COFFEE IN A WELCOMING ATMOSPHERE.



Do you know a friend or family member who has expressed interest in volunteering at Serenity Hospice and Home? Now is the perfect opportunity! We are hosting volunteer training sessions on February 25th and 28th. This is a fantastic chance for compassionate individuals to make a significant difference in the lives of others. Volunteers at Serenity Hospice and Home provide essential support by offering companionship, emotional comfort, and assistance to patients and their families during difficult times.

## VOLUNTEER TRAINING

# **FRONT DESK**

Front desk greeters play a vital role as the welcoming face of our organization. A heartfelt thank you goes out to the wonderful volunteers who have dedicated their time to staff the front desk at Serenity Home. Thanks to your generosity, we've successfully filled all available slots, with the exception of Sundays from 12:30 to 4:30 PM. If you're interested in joining this fantastic group, please get in touch.



JOIN US ON WEDNESDAY, FEBRUARY 26TH, AT 10:45 AM IN THE SERENITY CONFERENCE ROOM FOR OUR MONTHLY VOLUNTEER SUPPORT CHAT. WE INVITE ALL VOLUNTEERS TO GATHER, SHARE THEIR EXPERIENCES, AND EXPLORE NEW IDEAS FOR CREATING A POSITIVE IMPACT IN OUR COMMUNITY AND FOR OUR PATIENTS.

