



HOSPICE & HOME

Serving our community for 40 years!

BEREAVEMENT SUPPORT GROUP MEETINGS

These groups will not meet if there are not enough people registered. Please remember to RSVP by calling 815-732-4111.

Please use the back parking lot entrance for meetings at the Serenity Home.

YOUNG WIDOWS GROUP meets the 1st Tuesday of each month from 5:00-6:00 p.m. at **The Serenity Home, 1658 S IL RT 2, Oregon, IL**. This group is for ages 60 and under. **Please call our office at 815-732-4111 by 12 noon to register.**

MORNING GROUP will meet on the 2nd Friday of each month from 9:00-10:00 a.m. at **The Serenity Home, 1658 S IL RT 2, Oregon, IL**. This group is for anyone in the community who has experienced a loss during the past two years. **To register please call 815-732-4111 by 4:00 p.m. the day before.**

LUNCH GROUP meets on the 2nd Thursday of each month at 11:30 a.m. **Location varies**. Please call our office at 815-732-4111 by **4:00 p.m. the day before (Wednesday) to register and get location information. Limited seating is available.**

DIAMOND ART meets the 2nd & 3rd Fridays of each month from 9:00-11:00 a.m. at **The Serenity Shed, 131 N 3rd St, Oregon, IL**. **Please bring your own supplies**. Please call 815-732-4111 p.m. to register.

MEN'S COFFEE GROUP meets on the 3rd Wednesday of each month at **Sunrise Restaurant, 116 N. 4th St. Oregon** from 9:00-10:00 a.m. This group is for all bereaved men in the community. **Please call our office at 815-732-4111 by 4:00 p.m. the day before to register.**

BEREAVEMENT BOOK CLUB meets on the 3rd Thursday of each month from 5:00-6:00 p.m. at **The Serenity Home, 1658 S IL RT 2, Oregon, IL**. **Please call Cathy at 815-732-4111 to find out the book for the month and to sign up for the group. Group size is limited.**

Children/Teen Grief:

- Watch Facebook, our Web Page, (www.serenityhospiceandhome.org) or the newspaper for information of upcoming workshops or events for those 18 and under
- One-on-one meetings are available anytime. Please call our office and ask for Cathy Warren, our Bereavement Services Manager.

6-WEEK GRIEF CLASS - If you are interested or would like more information, please call our office at 815-732-4111 for upcoming dates, location and time.

COOKING FOR ONE— If you are interested or would like more information, please call our office at 815-732-4111.

INDIVIDUAL VISITS are always available by appointment.

For more information about any of these Bereavement Support Group Meetings or to make an appointment, please contact the Serenity Hospice and Home office at 815-732-4111 between 8:00 a.m. - 4:30 p.m.