



## **Serenity Hospice & Home**

### **Monthly Bereavement Support Groups**

**While using the Serenity Home for our groups, a mask is required.  
Please use the back parking lot and entrance.**

**Diamond Art** meets the 2nd and 3rd Fridays of each month from 9:00-11:00 a.m. at **The Serenity Shed, 131 N 3rd St., Oregon, IL.** Please call our office at 815-732-4111 by 4:00 p.m. on Thursday to register. Open to All adults in the community.

**Young Widows Group** meets on the 1st Tuesday of each month from 6:00-7:00 p.m. at **The Serenity Home, 1658 S IL RT 2, Oregon, IL.** This group is for ages 55 and under. Please call our office at 815-732-4111 by noon to register.

**Men's Coffee Group** meets on the 3rd Wednesday of each month from 9:00-10:00 a.m. at **Sunrise, 116 N. 4th St. Oregon, IL.** This group is for all bereaved in the community. Please call our office at 815-732-4111 by 4:00 on Tuesday to register.

**An Evening Support Group** meets the 3rd Thursday of each month from 5:00-6:00 p.m. at **The Serenity Home, 1658 S IL RT 2, Oregon, IL.** This group is open to **ALL** adult bereaved and graduates of other support groups in the community. Please call our office at 815-732-4111 by 12:00 noon to register.

**C.A.F.E. (Coffee and Friends etc.)** meets the 2nd Friday of each month from 9:00-10:00 a.m. at **The Serenity Home 1658 S IL RT 2 in Oregon, IL.** This group is open to **ALL** adult bereaved and graduates of other support groups in the community. Please call our office at 815-732-4111 by 4:00 p.m. Thursday to register.

**Lunch Group** meets **at various locations** on the 2nd Thursday of the month at 11:30 a.m. Please call 815-732-4111 by 10:00 a.m. to register and to see where we will meet. Limited seating available.

### **Children/Teen Grief**

Watch Facebook, our Web Page ([www.serenityhospiceandhome.org](http://www.serenityhospiceandhome.org)), or the newspaper for information of upcoming workshops or events for those 18 and under. One-on-one meetings are available anytime. Please call our office and ask for Cathy Warren, our Bereavement Coordinator.

**6-Week Grief Class**— If you are interested or would like more information, please call our office at 815-732-4111 for upcoming dates, location and time.

**INDIVIDUAL VISITS** are always available by appointment. For more information about any of these Bereavement Support Group Meetings or to make an appointment, please contact the Serenity Hospice and Home office at 815-732-4111 between 8:00 a.m.- 4:30 p.m. or e-mail [cathyw@serenityhospiceandhome.org](mailto:cathyw@serenityhospiceandhome.org) or [denisew@serenityhospiceandhome.org](mailto:denisew@serenityhospiceandhome.org).

**Please Remember These Groups Will Not Meet If There Are No Calls to RSVP and Group Size is Limited.**  
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