



## Serenity Hospice & Home

### Monthly Bereavement Support Groups

**While using the Serenity Home for our groups, a mask is required.  
Please use the back parking lot and entrance.**

**Virtual Grief Group** meets on the first Wednesday each month from 6:00-7:00 p.m.

This group is open to **All** adult bereaved in the community. There is no fee to attend. To register you must call 815-732-4111 or e-mail [cathyw@serenityhospiceandhome.org](mailto:cathyw@serenityhospiceandhome.org) with your e-mail address by noon on Tuesday. All you need is a tablet, audio/video capable computer, or a smart phone.

**Diamond Art** meets the 2nd and 3rd Fridays of each month from 9:00-11:00 a.m. at **The Serenity Shed, 131 N 3rd St., Oregon, IL.** Please call our office at 815-732-4111 by 4:00 p.m. on Thursday to register. Open to All adults in the community.

**Young Widows Group** meets on the 1st Tuesday of each month from 6:00-7:00 p.m. at **The Serenity Home, 1658 S IL RT 2, Oregon, IL.** This group is for ages 55 and under. Please call our office at 815-732-4111 by noon to register.

**Hub City Grief Group** meets the 3rd Thursday of each month from 9:00-10:00 a.m. at **The Hub City Senior Center, 410 Cherry Ave, Rochelle, IL.** This group is open to **ALL** adult bereaved and graduates of other support groups in the community. Please call our office at 815-732-4111 by 4:00 p.m. on Wednesday to register.

**An Evening Support Group** meets the 3rd Thursday of each month from 5:00-6:00 p.m. at **The Serenity Home, 1658 S IL RT 2, Oregon, IL.** This group is open to **ALL** adult bereaved and graduates of other support groups in the community. Please call our office at 815-732-4111 by 12:00 noon to register.

**C.A.F.E. (Coffee and Friends etc.)** meets the 2nd Friday of each month from 9:00-10:00 a.m. at **The Serenity Home 1658 S IL RT 2 in Oregon, IL.** This group is open to **ALL** adult bereaved and graduates of other support groups in the community. Please call our office at 815-732-4111 by 4:00 p.m. Thursday to register.

**Lunch Group** meets at the **Sunrise II Family Restaurant**, 101 W 2nd Street, Byron, IL. on the 2nd Thursday of the month at 11:30 a.m. Please call 815-732-4111 by 10:00 a.m. to register, limited seating available.

### Children/Teen Grief

Watch Facebook, our Web Page ([www.serenityhospiceandhome.org](http://www.serenityhospiceandhome.org)), or the newspaper for information of upcoming workshops or events for those 18 and under. One-on-one meetings are available anytime. Please call our office and ask for Cathy Warren, our Bereavement Coordinator.

**8-Week Grief Class**— If you are interested or would like more information, please call our office at 815-732-4111 for upcoming dates, location and time. **INDIVIDUAL VISITS** are always available by appointment. For more information about any of these Bereavement Support Group Meetings or to make an appointment, please contact the Serenity Hospice and Home office at 815-732-4111 between 8:00 a.m. - 4:30 p.m. or e-mail [cathyw@serenityhospiceandhome.org](mailto:cathyw@serenityhospiceandhome.org) or [denisew@serenityhospiceandhome.org](mailto:denisew@serenityhospiceandhome.org).

**Please Remember These Groups Will Not Meet If There Are No Calls to RSVP and Group Size is Limited.**  
Bereavement program funded in part by grants from United Way of Ogle County and Ogle County 708 Mental Health Board