

# Serenity Hospice and Home Association Board of Directors

President



Shannon K. Lizer

Shannon has a Ph.D. in Nursing, an MS in Nursing Administration, and a post MSN-FNP. She is employed at Saint Anthony College of Nursing as the Dean of Graduate Affairs & Research. She has spent much of her career in Academic Leadership. She was a practicing FNP at the Crusader Clinic, and the VA. She continues to practice as an FNP at FHN and OSF Hospitals.

Shannon was previously on the Board of Pinecrest Community, Forrestville Valley School Board, Stephenson County FQHC Exploratory Board, and is currently on the Highland Community College Equine Advisory Board.

Shannon is married to Gregg, who works at Roger's Ready Mix. She has three grown, married children and six grandchildren.

Shannon enjoys horses, reading, piano, and crocheting.

## **Serenity Hospice and Home Association Board of Directors**

Vice-President



Patricia J. Nordman

Patricia has her MS and MPH and is employed as a Family Nurse Practitioner through the University of Illinois College Of Medicine.

She previously worked at RHS, and UIC.

In addition to her service on the Serenity Hospice and Home Board, Patricia is currently serving on the Ogle County Board.

Patricia is married to William, who is a Farmer. They have two children, Ashley and Brad.

## Serenity Hospice and Home Association Board of Directors

Treasurer



Angie M. Good

Angie is Manager and Vice-President of Union Savings Bank in Mt. Morris, IL. She has been in banking for the past 26 years with experience in commercial, agricultural, and consumer banking. Angie was previously on the Oregon School Foundation Board. She is a member of the Kiwanis Club and a prior member of the Lion's Club and the Oregon Area Chamber.

Angie is married to Brent, who is the Director of Operations at Pinecrest Community. Angie and Brent have two sons, Maverik and Gatlin.

Angie enjoys spending time with her family, snow skiing, snowmobiling, reading, traveling, swimming, and watching athletic activities.

## Serenity Hospice and Home Association Board of Directors



Karen A. Sikorski

Karen received her BSN from the University Of Illinois College Of Nursing, Chicago. She received her degree in pre-nursing at Illinois State University, and her Master of Science/Nursing from Northern Illinois University, DeKalb.

She is retired from 45 years in the field of Nursing. Previously, Karen was employed as a staff nurse at Rockford Memorial Hospital, was faculty at Rockford Memorial School of Nursing and Rock Valley Community College of Nursing, and was a Clinical Nurse Specialist/Medical Surgical Nurse at Rockford Memorial Hospital. She was a Clinical Nurse Specialist/Pain & Palliative Care at OSF Saint Anthony. Karen participates in Relay for Life, is a member of the Byron Women's Club, and Middle Creek Church. She is an education planner for Winnebago County Association for Health & Community Education (WCAHCE) and previously served as the 1<sup>st</sup> Vice-President. Karen enjoys volunteering as a "cuddler" for Rockford Health Systems.

Karen has served on the Board of Serenity Hospice and Home since 2006, and is the current President. Previously, she was on the board for the American Society for Pain Management Nursing, serving as 2<sup>nd</sup> President, was the Director for Midwest Pain Society, and started and serves as an Advisor to the Northern Illinois Pain Resources Nurse Consortium.

Karen is married to Bill and thoroughly enjoys "renting" 38 nieces and nephews!

## Serenity Hospice and Home Association Board of Directors



Secretary

Suzanne Ravlin

Suzanne is currently employed at KSB Hospital as the Vice President/Chief Legal Officer. Prior to joining KSB in 2010, Suzanne worked at Bergstrom where she served as the Human Resource Director for three years. She graduated from the University of Illinois with a Bachelor of Science in Finance in 2001 and Michigan State College of Law in 2004.

Suzanne lives in Dixon, IL with her husband, Luke. They have one daughter, Rachel.

She is member of the CASA Board. She also volunteers with the Junior Achievement program with the sixth grade students of St. Mary's School in Dixon. She is a member of St. Patrick's Church in Dixon, and the Dixon Kiwanis Club.

In her leisure time, she enjoys Dixon. There are endless activities in Dixon and she loves finding and enjoying them with her family.

## Serenity Hospice and Home Association Board of Directors



Jeff D. McLindsay

Jeff is retired from Exelon Nuclear where he was employed for 37 years. During his career, he held the positions of Control Systems Technician, Work Group Supervisor, Procedure Writer, and Lead I & C Work Planner.

He has served on various church boards, including Byron Assembly of God, All Saints Lutheran, and Stillman Valley Congregational Christian Church.

Jeff completed the DeVry Institute Electronics Program and Aurora University's Middle Management Program in addition to numerous technical & soft skills training courses provided by Exelon throughout his career.

Jeff lives in Byron, IL and is married to Teresa, who is a retired Byron Teacher's Aide. They have two children, Heather and Jason, and two grandchildren, Logan and Noah.

In his leisure time, Jeff enjoys running, reading and the challenge of restoring dysfunctional items back to working condition.

## Serenity Hospice and Home Association Board of Directors



Mark L. Hunter

Mark brings his years of experience in Healthcare and Social Services to the Serenity Board. He is presently a Regional Health Officer/Administrative Law Judge for the Illinois Department of Public Health. Prior to his time at IDPH, he was employed for 13 years at the Winnebago County Health Department, seven years with Catholic Charities and three years at Rockford Public Schools.

His current and past board service includes: Black Healthcare Initiative Coalition, Goodwill Industries, Janet Wattles Center, Rosecrance, Sisters Medical Services, and Total Faith Community Church.

Mark is married to Shurice who works as Director of Human Resources for the City of Rockford. They have two children, Matthew and Michael. Mark is very active in his church as an ordained minister and Church Board President. In his spare time, he enjoys reading, fishing, and appreciating the beauty of nature.

## Serenity Hospice and Home Association Board of Directors



Ferol Labash

Ferol is the Chief Executive Officer of Pinecrest Community, located in Mt. Morris, IL. Ferol received her Bachelor of Science degree in Accounting from Purdue University and holds a minor in Business Administration. Prior to working at Pinecrest Community, Ferol worked in Commercial Lending for 5 years and as Director of Development/Fundraising for 4 years.

Ferol serves as an Executive Board Member (treasurer) for the Fellowship of Brethren Homes, as a Board Member for the Peace Church Risk Retention Group (member-owned captive liability insurance co.), as a Board Member of the Peace Church Workers Safety Program (member-owned captive workers compensation insurance co.), as a Board Member for the Mt. Morris Loaves and Fish Food Pantry and as a Board Member of Rockford Bell Credit Union. She is a member of Kiwanis, the Mt. Morris Economic Development Group and a member of Evangelical Free Church of Mt. Morris.

Ferol is married to Philip J. Labash who is a Learning Delivery Consultant for Grainger Industrial Supply. They have three children Daniel Labash, David Labash; and Claire Labash.

In her free time, Ferol enjoys boating, following her children's athletics, and spending time with her family.



# Serenity Hospice and Home Foundation Board of Directors

President



Lisa Coffman

Lisa is retired from Northern Trust Bank in Chicago. She graduated from Illinois Wesleyan University with a BA in Business and French. Lisa received her MBA from Northwestern University in Finance/Marketing/Management Policy.

Lisa worked for Northern Trust for over 32 years, spending 13 years in operations, 12 years in technology, 4 years in finance, and 3 years in a corporate role focused on enhancing productivity.

Lisa also serves on the Serenity Hospice and Home Advisory Board and is a P.E.O.

Lisa is married to John Coffman, who is the Ogle County Treasurer. John is also a farmer.

In her leisure time, Lisa enjoys baking, reading, traveling and spending time with her yellow Labrador retriever.

# Serenity Hospice and Home Foundation Board of Directors

Vice President



Joyce Rueff

Joyce Rueff received her BS in Education from Northern Illinois University.

Before retiring, Joyce was the coordinator for a non-profit community organization in the Shabbona School District. She held teaching positions in Creston, Waterman, and Serena. During her teaching career, Joyce coached boys and girls basketball.

Joyce is the current chairperson of the Creston Public Education Foundation. She previously served on the Waterman School Board and various church boards.

Joyce is married to Sheldon, who was a farmer for 20 years. After his retirement from farming, Sheldon worked for the Dept. of Natural Resources as a State Park Superintendent, from which he is now retired. Joyce and Sheldon have two sons, Deron and Justin and six grandchildren.

In her leisure time, Joyce enjoys reading and walking.

# Serenity Hospice and Home Foundation Board of Directors

Secretary



Kathryn M. Feste

Kathy graduated from Byron High School and has an Associate's Degree.

She was the former Manager at Cacciatore's Byron Food Mart.

Kathy previously served on the Pegasus Board and is the Byron Chamber past-President. She is a member of the Byron Women's Club and P.E.O., where she is a past President.

Kathy is married to Jeff, who is the owner of Feste & Company Landscaping. They have three grown children, Elizabeth, Jeffrey, and Jordan and two grandchildren, Will and Meredith.

In her leisure time, Kathy enjoys scrapbooking, downhill skiing, and sitting on the beach with a good book!

# Serenity Hospice and Home Foundation Board of Directors

Treasurer



Cathy Hahn Manning

Cathy is a certified school nurse for the Rockford Public School District (205). She received her BSN from Illinois Wesleyan.

Cathy previously worked for the Byron School District for 22 years, and Swedish American Hospital for 7 years.

Cathy previously served on the Serenity Hospice and Home Board for 10 years, the Village of Progress Board for 5 years, the American Heart Association Board for 5 years, and the Northwest Division of School Nurses Board for 15 years.

Cathy is married to Dan Manning, an Independent Insurance Broker, and has three children, Patrick, Garret, and Ellen.

In her leisure time, Cathy enjoys going to the YWCA and reading.

## Serenity Hospice and Home Foundation Board of Directors



Eric Morrow

Eric is employed by the Ogle County State's Attorney Office as the State's Attorney. He graduated from Western Illinois University with a B.S. in Law Enforcement/Justice Administration and attended the Southern Illinois University School of Law.

Eric previously worked as the Assistant State's Attorney for Ogle County from 2000-2002 and also worked in private practice at Smith & Morrow, P.C. from 2002-2014.

Eric was the former Board President of Ogle County Hospice Association/Serenity Hospice and Home. He served on that board for 10 years. Eric is a member of the Oregon Rotary Club, Oregon Masonic Lodge, and a Tabala Shriner (Rockford).

Eric has two children, Gavin and Kylie.

In his leisure time, Eric enjoys hunting, fishing, and spending time with his family outdoors.

## Serenity Hospice and Home Foundation Board of Directors



Bill Ravnaas

Bill is a self-employed farmer. He received his BS from Colorado State University.

Bill is on the boards of Steward United Methodist Church and Rochelle Township High School and is a member of the Rochelle Municipal Band where he plays the trombone.

Being a farmer, Bill fills his leisure time with work!

## Serenity Hospice and Home Foundation Board of Directors



Michael Kohlstedt

Mike is employed at Byron Bank as a Senior Vice-President. He was previously the CFO and then President of Byron Bank. Prior to working at Byron, Mike was an Ag Loan Officer at Citizen's National Bank.

Mike has served on the Village of Progress Board, Byron Museum District Board, Byron Chamber of Commerce, and Byron Rotary.

Mike is married to Sharon Kohlstedt, who works at the Byron School District. Mike and Sharon have one married daughter, Kirsten Eason.

In his leisure time, Mike enjoys spending time with family and friends, fishing and golfing.

## Serenity Hospice and Home Foundation Board of Directors



Lisa A. Stear

Lisa brings with her to the Serenity Hospice & Home Foundation Board some specific hospice experience along with education and a real desire to serve. She earned her Bachelor of Social Work degree from Marycrest College in Davenport, IA and her Masters in Social Work from St. Ambrose College also in Davenport.

Lisa has experience as a hospital discharge planner, school counselor and school social worker. She has also worked as a hospice social worker at McDonough District Hospital in Macomb, IL. Currently Lisa owns her own Psycho Therapy business in Rockford.

Lisa is married to Craig Stear, Sr. who is a chiropractor. They have four children: Craig Jr. is a chiropractor as well, Shane is a welder, Ashley works in health care and Noah is a college student. Lisa is a member of the Byron Rotary and in her leisure time she enjoys singing, running, biking, kayaking, lifting, gardening and her grandchildren.