



**Serenity Hospice & Home**  
Monthly Bereavement Support Groups

**Until further notice due to covid-19 our groups will meet at the Serenity Home, 1658 S IL RT 2, Oregon, IL. Please use the back parking lot and entrance. You will need a mask to enter the Building.**

**Virtual Grief Group** meets on the first Wednesday each month from 6:00-7:00 p.m. This group is open to **All** adult bereaved in the community. There is no fee to attend. To register you must call 815-732-4111 or e-mail [cathyw@serenityhospiceandhome.org](mailto:cathyw@serenityhospiceandhome.org) with your e-mail address by noon on Tuesday. All you need is a tablet, audio/video capable computer, or a smart phone.

**An Evening Support Group** meets the third Thursday of each month from 5:30 -6:30 p.m. at The Serenity Shed, 131 N Third Street in Oregon, IL. This group is open to **ALL** adult bereaved and graduates of other support groups in the community. Please call our office at 815-732-4111 by 12:00 noon to register.

**C.A.F.E. (Coffee and Friends etc.)** meets the second Friday of each month from 9:00- 10:00 a.m. at The Serenity Shed, 131 N Third Street in Oregon, IL. This group is open to **ALL** adult bereaved and graduates of other support groups in the community. Please call our office at 815-732-4111 by 4:00 p.m. Thursday to register.

If you don't like eating alone and would like to go out, please join a volunteer host for **Breakfast at The River's Edge**, 2303 W 1<sup>st</sup> Street, Dixon, IL. on the third Wednesday of the month at 8:30 a.m., or for **Lunch at the Sunrise II Family Restaurant**, 101 W 2nd Street, Byron, IL. on the second Thursday of the month at 11:30 a.m.

**Children/Teen Grief**

Watch Facebook, our Web Page ([www.serenityhospiceandhome.org](http://www.serenityhospiceandhome.org)), or the newspaper for information of upcoming workshops or events for those 18 and under. One-on-one meetings are available anytime. Please call our office and ask for Cathy Warren, our Bereavement Coordinator.

**8-Week Grief Class**— If you are interested or would like more information, please call our office at 815-732-2499 for upcoming dates, location and time.

**INDIVIDUAL VISITS** are always available by appointment.

For more information about any of these Bereavement Support Group Meetings or to make an appointment, please contact the Serenity Hospice and Home office at 815-732-4111 between 8:00 a.m. - 4:30 p.m. or e-mail [cathyw@serenityhospiceandhome.org](mailto:cathyw@serenityhospiceandhome.org) or [denisew@serenityhospiceandhome.org](mailto:denisew@serenityhospiceandhome.org).

**Please Remember These Groups Will Not Meet If There Are No Calls to RSVP.**

**Bereavement program funded in part by grants from United Way of Ogle County and Ogle County 708 Mental Health Board.**