Serenity Hospice & Home

Monthly Bereavement Support Groups

MOVIE *Matinee* meets the first Monday of each month at The Serenity Shed, 131 N 3rd Street in Oregon, IL from 2:00 p. m.-4:00 p.m. We view a movie and then discuss how it relates to grief and healing. You may bring a snack and/or drink if you wish.

An Evening Support Group meets the third Thursday of each month from 5:30 p.m.-6:30 p.m. at The Serenity Shed, 131 N Third Street in Oregon, IL. This group is open to **ALL** adult bereaved and graduates of other support groups in the community. Please call our office at 815-732-4111 by 12:00 noon to register.

C.A.F.E. (Coffee and Friends etc.) meets the second Friday of each month from 9:00 a.m. - 10:00 a.m. at The Serenity Shed, 131 N Third Street in Oregon, IL. This group is open to **ALL** adult bereaved and graduates of other support groups in the community. Please call our office at 815-732-4111 by 4:00 p.m. Thursday to register.

Walking Group meets at the Serenity Home from 10:00 a.m.-11:00 a.m. on the first and third Wednesdays of each month and from 6:00 p.m.-7:00 p.m. on the second and fourth Wednesdays of each month. Begins May 1st through October 30th. This group is open to all adult bereaved in the community. ***We will not meet on the fifth Wednesdays, but you are welcome to come walk.***

If you don't like eating alone and would like to go out, please join our volunteers for ***Breakfast at The River's Edge,*** 2303 W 1st Street, Dixon, IL. on the third Wednesday of the month at 8:30 a.m., or for ***Lunch at the Sunrise II Family Restaurant,*** 101 W 2nd Street, Byron, IL. on the second Thursday of the month at 11:30 a.m.

Children/Teen Grief

Watch Facebook, our Web Page (www.serenityhospiceandhome.org), or the newspaper for information of upcoming workshops or events for those 18 and under. One-on-one meetings are available anytime. Please call our office and ask for Cathy Warren, our Bereavement Coordinator.

8-Week Grief Class– If you are interested or would like more information, please call our office at 815-732-2499 for upcoming dates, location and time.

INDIVIDUAL VISITS are always available by appointment.

For more information about any of these Bereavement Support Group Meetings or to make an appointment, please contact the Serenity Hospice and Home office at 815-732-4111 between 8:00 a.m. - 4:30 p.m. or e-mail cathyw@serenityhospiceandhome.org or denisew@serenityhospiceandhome.org.

Please Remember These Groups Will Not Meet If There Are No Calls to RSVP.

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