



Serenity Hospice & Home
Monthly Bereavement Support Groups

MOVIE *Matinee* meets the first Monday of each month at The Serenity Shed, 131 N 3rd Street in Oregon, IL from 2:00 p. m. - 4:00 p.m. We view a movie and then discuss how it relates to grief and healing. You may bring a snack and/or drink if you wish.

COFFEE & CONVERSATION I meets the first Saturday of each month from 9:30 a.m. - 10:30 a.m. at the Immanuel Lutheran Church, 1013 Franklin Grove Road, Dixon, IL.

HEALING HEARTS meets the second Sunday of each month from 5:00 p.m. - 6:00 p.m. at The Serenity Shed, 131 N 3rd Street in Oregon, IL. This group offers support, understanding, compassion, and hope to bereaved parents, grandparents, or siblings.

WITH A LITTLE HELP FROM MY FRIENDS will meet on the second Sunday of each month from 5:00 p.m. - 6:00 p.m. at The Serenity Shed, 131 N 3rd Street in Oregon, IL. This group will offer a safe space for children/young adults (ages 4-18) who have experienced a significant loss learn about their grief and support each other. **You must RSVP for this group**, due to the age span we need to have enough materials, facilitators and of course snacks!

Lunch Bunch meets the second Thursday of each month at 11:30 a.m., at the Sunrise II Family Restaurant, 101 W 2nd Street, Byron, IL. This meeting is for fellowship and sharing by those who have survived the death of a loved one.

C.A.F.E. (Coffee and Friends etc.) meets the second Friday of each month from 9:00 a.m. - 10:00 a.m. at The Serenity Shed, 131 N Third Street in Oregon, IL. This group is open to **ALL** adult bereaved and graduates of other support groups in the community.

COFFEE & CONVERSATION II Meets the fourth Friday of each month from 9:00 a.m. - 10:00 a.m. at The Serenity Shed, 131 N 3rd Street in Oregon, IL. This group is open for anyone who has experienced the loss of a loved one in the past 3 years.

THE BREAKFAST CLUB meets on the third Wednesday of each month at 8:30 a.m. at River's Edge Inn, 2303 West 1st Street, Dixon, IL. Start your day out right by sharing the most important meal of the day with others who have survived the death of a loved one.

Evening Support Group meets the third Thursday of each month from 5:30 p.m. - 6:30 p.m. at The Serenity Shed, 131 N 3rd Street in Oregon, IL. This group is open to **ALL** adult bereaved in the community.

COFFEE & CONVERSATION III will meet the fourth Wednesday, of each month from 10:00 a.m. - 11:00 a.m. at Grace Funeral Home, 1340 S. Alpine Rd., Rockford, IL. This group is open to all bereaved persons in the Community.

8-Week Grief Class— Please call our office for upcoming dates and times.

INDIVIDUAL VISITS are available by appointment.

For more information about any of these Bereavement Support Group Meetings or to make an appointment, please contact the Serenity Hospice and Home office at 815-732-4111 8:00 a.m-4:30 p.m. or e-mail cathyw@serenityhospiceandhome.org or denisew@serenityhospiceandhome.org.

Bereavement program funded in part by grants from United Way of Ogle County and Ogle County 708 Mental Health Board.

Please Remember These Groups Will Not Meet If There Are No Calls