

All proceeds for the 2018 Miles in Memory Run/Walk will go toward The Serenity Trail. This serene journey of love, hope, faith, trust, peace, mercy, grace and glory is a one mile paved trail around the beautiful 11 acres surrounding the Serenity Home. The trail will provide families, patients, caregivers, staff and the community a peaceful, beautiful place to breathe fresh air and feel the refreshing power of nature.

Miles in Memory 5K (formerly the Rick Hahn Memorial Run) will again be held at the Byron Forest Preserve. Participants will enjoy this scenic, and moderately challenging, USATF certified course.

Participants are encouraged to walk/run the 3.1 miles in memory of a loved one. Gather family or a group together and make it a memorial event. Supplies will be available to write the name/names of your loved one to be worn during the race.

1658 S. IL Route 2
Oregon, IL 61061



MILES IN MEMORY



Run
Walk

July 21, 2018

2018 Proceeds to Benefit
The Serenity Trail





Saturday, July 21, 2018

Registration/Check-In: **6:45 a.m.**

Run/Walk begins at: **8:00 a.m.**

Byron Forest Preserve
7993 N. River Road
Byron, IL 61010

Adults: \$25 / \$30 Day of Event
Online registrations taken at

www.runsignup.com

*Race timing provided by
RealTiming, Inc.*

USATF # IL14077JW

Contact Name:: _____

Email: _____

Address: _____

____ # Adults: \$25 each (\$30 race day)
Tee not guaranteed after July 11th

____ # Child 5 and Under (no charge/no tee)

Participant 1: _____

__ Walker / __ Chip-timed Runner

__ Male / __ Female

____ Age on Race Day

____ Shirt Size (Adult: S - M - L - XL - 2XL - 3XL
Youth: YS - YM - YL)

Participant 2: _____

__ Walker / __ Chip-timed Runner

__ Male / __ Female

____ Age on Race Day

____ Shirt Size (Adult: S - M - L - XL - 2XL - 3XL
Youth: YS - YM - YL)

Include additional participants on separate sheet

I cannot attend. Please accept my donation of:

\$ _____

Sponsorships available. Contact Rose
Krause for more information at
815.732.2499

Release of Liability

In consideration of being allowed to participate in the Miles in Memory Run/Walk, I do hereby for myself, my heirs, and executors waive, release, and discharge Serenity Hospice & Home, Serenity Hospice & Home Foundation, The Byron Forest Preserve, RealTiming Inc., www.runsignup.com, all volunteers, directors, officers, and sponsors from all claims of damage or actions whatsoever that may arise out of my participation in this event.

Signature of Participant 1 or Parent/Guardian

Date

Signature of Participant 2 or Parent/Guardian

Date

Mail forms and payments to:

SH&H Foundation
P.O. Box 462
Oregon, IL 61061