

# Serenity Hospice and Home Association Board of Directors Biographies

## President



Karen A. Sikorski MS, RN, APN/CNS

Karen received her BSN from the University Of Illinois College Of Nursing, Chicago. She received her degree in pre-nursing at Illinois State University, and her Master of Science/Nursing from Northern Illinois University, DeKalb.

She is retired from 45 years in the field of Nursing and works part time at OSF Saint Anthony Medical Center.

Previously, Karen was employed as a staff nurse at Rockford Memorial Hospital, was faculty at Rockford Memorial School of Nursing and Rock Valley Community College of Nursing, and was a Clinical Nurse Specialist/Medical Surgical Nurse at Rockford Memorial Hospital. She was a Clinical Nurse Specialist/Pain & Palliative Care at OSF Saint Anthony. Karen participates in Relay for Life, is a member of the Byron Women's Club, and Middle Creek Church. She is an education planner for Winnebago County Association for Health & Community Education (WCAHCE) and previously served as the 1<sup>st</sup> Vice-President. Karen enjoys volunteering as a "cuddler" for Rockford Health System

Karen has served on the Board of Serenity Hospice and Home since 2006, and is the current President. Previously, she was on the board for the American Society for Pain Management Nursing, serving as 2<sup>nd</sup> President, was the Director for Midwest Pain Society, and started and serves as an Advisor to the Northern Illinois Pain Resources Nurse Consortium.

Karen lives in Rockford, IL and is married to Bill. They thoroughly enjoy "renting" 38 nieces and nephews!

In her leisure time, Karen enjoys baking, shopping, party planning, volunteering, and traveling.

# Serenity Hospice and Home Association Board of Directors

Vice-President



Shannon K. Lizer PhD, FNP-BC, FAANP

Shannon has a Ph.D. in Nursing, an MS in Nursing Administration, and a post MSN-FNP. She is employed at Saint Anthony College of Nursing as the Dean of Graduate Affairs & Research.

She has spent much of her career in Academic Leadership. She was a practicing FNP at the Crusader Clinic, and the VA. She continues to practice as an FNP at FHN and OSF Hospitals.

Shannon was previously on the Board of Pinecrest Community, Forrestville Valley School Board, Stephenson County FQHC Exploratory Board, and is currently on the Highland Community College Equine Advisory Board.

Shannon lives in Ridott, IL and is married to Gregg, who works at Roger's Ready Mix. She has three grown, married children and six grandchildren.

Shannon enjoys horses, reading, piano, and crocheting.

## Serenity Hospice and Home Association Board of Directors

Treasurer



Angie M. Good

Angie is Manager and Vice-President of Union Savings Bank in Mt. Morris, IL. She has been in banking for the past 27 years with experience in commercial, agricultural, and consumer banking.

Angie was previously on the Oregon School Foundation Board. She is a member of the Kiwanis Club and a prior member of the Lion's Club and the Oregon Area Chamber.

Angie lives in Mt. Morris, IL and is married to Brent, who is the Director of Operations at Pinecrest Community. Angie and Brent have two sons, Maverik and Gatlin.

Angie enjoys spending time with her family, snow skiing, snowmobiling, reading, traveling, swimming, and watching athletic activities.

## Serenity Hospice and Home Association Board of Directors

Secretary



Suzanne Ravlin JD

Suzanne is currently employed at KSB Hospital as the Senior Director of Human Resources & Quality Services. Prior to joining KSB in 2010, Suzanne worked at Bergstrom where she served as the Human Resource Director for three years. She graduated from the University of Illinois with a Bachelor of Science in Finance in 2001 and Michigan State College of Law in 2004.

Suzanne lives in Dixon, IL with her husband, Luke. They have one daughter, Rachel.

Suzanne serves as an Auxiliary Board Member for the CEO Program at Whiteside Career Center. She is also a volunteer with the Junior Achievement program with the first grade students of St. Mary's School in Dixon. She is a member of St. Patrick's Church in Dixon, and the Dixon Kiwanis Club.

In her leisure time, she enjoys Dixon. There are endless activities in Dixon and she loves finding and enjoying them with her family.

## Serenity Hospice and Home Association Board of Directors



Jeff D. McLindsay

Jeff completed the DeVry Electronics Program and Aurora University's Middle Management Program.

He is retired from Exelon Nuclear where he was employed for 37 years. During his career, he held the positions of Control Systems Technician, Work Group Supervisor, Procedure Writer, and Lead I & C Work Planner.

Jeff has served on various church boards, including Byron Assembly of God, All Saints Lutheran, and Stillman Valley Congregational Christian Church.

Jeff lives in Byron, IL and is married to Teresa, who is a retired Byron Teacher's Aide. They have two children, Heather and Jason, and two grandchildren, Logan and Noah.

In his leisure time, Jeff enjoys running and fixing things.

## Serenity Hospice and Home Association Board of Directors



Michael D. Mastroianni M.A., B.A., A.A.

Mike brings a wealth of knowledge to the Serenity Hospice & Home Board. A lifelong Rockford resident and alumnus of Rock Valley College. He also spent 18 years on staff at the college. He led the Management Institute (now known as the Business and Professional Institute), served as Dean of Community Outreach, Associate Vice President of Outreach and Planning, Vice President of Career and Technical Education and Outreach and recently retired as College President in 2017.

A servant leader, Mike has held professional roles as a teacher, small business owner, mediator, facilitator, and mentor. His current and past board service includes: Fabricators and Manufacturers Association; Family Counseling Services; Rockford Area Ventures; Manufacturing Advisory Council; Rockford Chamber of Commerce; Rockford Area Arts Council; Rockford Health Council; Rockford Area Economic Development Council; Workforce Investment Board, and Goodwill Industries.

Mike lives in Machesney Park, IL with his wife Crystal, who is a retired nurse. They have two children and three grandchildren. Mike is a musician and enjoys playing music in his spare time.

## Serenity Hospice and Home Association Board of Directors



Patricia J. Nordman RN, MS, MPH, FNP-BC

Patricia has her MS and MPH and is employed as a Family Nurse Practitioner.

In addition to her service on the Serenity Hospice and Home Board, Patricia is currently serving on the Ogle County Board.

Patricia lives in Oregon, IL with her husband William, who is a Farmer. They have two children, Ashley and Brad.

## Serenity Hospice and Home Association Board of Directors



Ferol Labash

Ferol is the Chief Executive Officer of Pinecrest Community, located in Mt. Morris, IL. Ferol received her Bachelor of Science degree in Accounting from Purdue University and holds a minor in Business Administration. Prior to working at Pinecrest Community, Ferol worked in Commercial Lending for 5 years and as Director of Development/Fundraising for 4 years.

Ferol serves as an Executive Board Member (treasurer) for the Fellowship of Brethren Homes, as a Board Member for the Peace Church Risk Retention Group (member-owned captive liability insurance co.), as a Board Member of the Peace Church Workers Safety Program (member-owned captive workers compensation insurance co.), as a Board Member for the Mt. Morris Loaves and Fish Food Pantry and as a Board Member of Rockford Bell Credit Union. She is a member of Kiwanis, the Mt. Morris Economic Development Group and a member of Evangelical Free Church of Mt. Morris.

Ferol is married to Philip J. Labash who is a Learning Delivery Consultant for Grainger Industrial Supply. They have three children Daniel, David, and Claire.

In her free time, Ferol enjoys boating, following her children's athletics, and spending time with her family.



## **Serenity Hospice and Home Foundation Board of Directors Biographies**

President



**Eric Morrow JD**

Eric is the State's Attorney for Ogle County. He graduated from Western Illinois University with a B.S. in Law Enforcement/Justice Administration and attended the Southern Illinois University School of Law.

Eric previously worked as the Assistant State's Attorney for Ogle County from 2000-2002 and also worked in private practice at Smith & Morrow, P.C. from 2002-2014.

Eric was the former Board President of Ogle County Hospice Association/Serenity Hospice and Home. He served on that board for 10 years. Eric is a member of the Oregon Rotary Club, Oregon Masonic Lodge, and a Tabala Shriner (Rockford).

Eric lives in Oregon, IL with his wife Trish, who is the Executive Director of CASA. They have two children, Gavin and Kylie.

In his leisure time, Eric enjoys hunting, fishing, and spending time with his family outdoors.

## Serenity Hospice and Home Foundation Board of Directors

Vice President



Lisa Coffman

Lisa is a Senior Vice President at Northern Trust Bank in Chicago. She graduated from Illinois Wesleyan University with a BA in Business and French. Lisa received her MBA from Northwestern University in Finance/Marketing/Management Policy.

Lisa has worked for Northern Trust for the past 33 years, spending 13 years in operations, 12 years in technology, 4 years in finance, and 4 years in a corporate role focused on enhancing productivity.

Lisa also serves on the Serenity Hospice and Home Advisory Board and is a P.E.O.

Lisa lives in Polo, IL with her husband John Coffman, who is the Ogle County Treasurer. John is also a farmer.

In her leisure time, Lisa enjoys baking, reading, traveling and spending time with her yellow Labrador retriever.

# Serenity Hospice and Home Foundation Board of Directors

Secretary



Kathryn M. Feste

Kathy graduated from Byron High School and has an Associate's Degree.

She was the former Manager at Cacciatore's Byron Food Mart.

Kathy previously served on the Pegasus Board and is the Byron Chamber past-President. She is a member of the Byron Women's Club and P.E.O., where she is a past President.

Kathy lives in Byron, IL with her husband Jeff, who is the owner of Feste & Company Landscaping. They have three children, Elizabeth, Jeffrey, and Jordan and two grandchildren, Will and Meredith.

In her leisure time, Kathy enjoys scrapbooking, downhill skiing, and sitting on the beach with a good book.

## Serenity Hospice and Home Foundation Board of Directors

Treasurer



Dan Leonard

Dan is employed by Byron Bank as a Financial Consultant. He attended Northern Illinois University and has a BS in Finance.

Dan served on the Byron Public Library from 2005 – 2007. He is Chairman Diaconate at the Old Stone Church.

Dan lives in Roscoe, IL with his wife Michelle, who is a social worker. They have two children.

In his leisure time, Dan enjoys reading, yard work, and home improvement projects.

## Serenity Hospice and Home Foundation Board of Directors



Cathy Hahn Manning RN BSN

Cathy is a certified school nurse for the Rockford Public School District (205). She received her BSN from Illinois Wesleyan.

Cathy previously worked for the Byron School District for 22 years, and Swedish American Hospital for 7 years.

Cathy previously served on the Serenity Hospice and Home Board for 10 years, the Village of Progress Board for 5 years, the American Heart Association Board for 5 years, and the Northwest Division of School Nurses Board for 15 years.

Cathy lives in Cherry Valley, IL with her husband Dan Manning and has three children, Patrick, Garret, and Ellen.

In her leisure time, Cathy enjoys going to the YWCA and reading.

## Serenity Hospice and Home Foundation Board of Directors



**Bill Ravnaas**

Bill lives in Rochelle, IL and is a self-employed farmer. He received his BS from Colorado State University.

Bill is on the boards of Steward United Methodist Church and Rochelle Township High School and is a member of the Rochelle Municipal Band where he plays the trombone.

Being a farmer, Bill fills his leisure time with work!

## Serenity Hospice and Home Foundation Board of Directors



Joyce Rueff

Joyce Rueff received her BS in Education from Northern Illinois University.

Before retiring, Joyce was the coordinator for a non-profit community organization in the Shabbona School District. She held teaching positions in Creston, Waterman, and Serena. During her teaching career, Joyce coached boys and girls basketball.

Joyce is the current chairperson of the Creston Public Education Foundation. She previously served on the Waterman School Board and various church boards.

Joyce lives in Chana, IL with her husband Sheldon, who was a farmer for 20 years. After his retirement from farming, Sheldon worked for the Dept. of Natural Resources as a State Park Superintendent, from which he is now retired. Joyce and Sheldon have two sons, Deron and Justin and six grandchildren.

In her leisure time, Joyce enjoys reading and walking.

## Serenity Hospice and Home Foundation Board of Directors



Lisa A. Stear LCSW

Lisa earned her Bachelor of Social Work degree from Marycrest College in Davenport, IA and her Masters in Social Work from St. Ambrose College also in Davenport.

Lisa has experience as a hospital discharge planner, school counselor and school social worker. She has also worked as a hospice social worker at McDonough District Hospital in Macomb, IL. Currently Lisa owns her own Psycho Therapy business in Rockford.

Lisa is married to Craig Stear, Sr. who is a chiropractor. They have four children: Craig Jr. is a chiropractor, Shane is a welder, Ashley works in health care and Noah is a college student.

Lisa is a member of the Byron Rotary and in her leisure time she enjoys singing, running, biking, kayaking, lifting, gardening and her grandchildren.



## Serenity Hospice and Home Foundation Board of Directors



**Gary Rhodes**  
Member Emeritus

Gary is the Chief Executive Officer of Stillman Bank.

Gary lives in Stillman Valley with his wife Connie and is active on many boards and committees within the community.